

Spring / Summer Menu Week 1

14th April, 5th May, 26th May, 16th June, 7th July, 28th July, 18th Aug, 8th Sept, 29th Sept, 20th Oct 2025

Eativerse



WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Margherita Pizza & Pasta Salad 	Red Tractor Mild Chicken Curry, Mixed Wholegrain & White Rice 	Roast Gammon, Gravy, Stuffing & Mashed Potato or Roast Potatoes	Pork Sausage Toad in the Hole & Home-baked Potato Wedges	MSC Fish Fingers & Chips
Main Meal Option 2	Butternut Squash & Five Bean Risotto 	Mild Sweet Potato & Chickpea Curry & Mixed Wholegrain & White Rice ^{VG} 	Beany Shepherd's Pie ^{VG} 	Veggie Sausage Toad in the Hole & Home-baked Potato Wedges 	Vegetable & Bean Quesadilla, Chips
Vegetables	Broccoli, Cauliflower & Carrots & Sweetcorn 	British Red Tractor Garden Peas, Sliced Carrots 	Broccoli, Cauliflower & Carrots 	Carrot & Cucumber Sticks or British Red Tractor Garden Peas, Sweetcorn 	British Red Tractor Garden Peas, Baked Beans
Pasta	Pasta with Cheese or Tomato & Basil Sauce				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo, Cheese or Beans
Dessert	Banana Mousse	Marble Sponge ^{VG}	Strawberry Jelly ^{VG}	Vanilla Cookie ^{VG}	Iced Sponge Cake with Sprinkles

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring / Summer Menu Week 2

21st April, 12th May, 2nd June, 23rd June, 14th July, 4th Aug, 25th Aug, 15th Sept, 6th Oct, 27th Oct 2025

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WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Margherita Pizza & Tomato Pasta Salad 	Red Tractor Beef Pasta Bolognese & Garlic Bread 	Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Red Tractor Pork Sausage Roll & Home-baked Potato Wedges	MSC Fish Fingers & Chips
Main Meal Option 2	Vegetable Chilli & Sunny Vegetable Rice Vg 	Plant-based Pasta Bolognese & Garlic Bread Vg 	Vegetable & Chickpea Fajita Wrap, Roast Potatoes Vg 	Cheese & Onion Pastry Roll & Home-baked Potato Wedges	Crispy Vegetable Fingers & Chips Vg
Vegetables	British Red Tractor Garden Peas, Baked Beans 	Broccoli, Cauliflower & Carrots 	Broccoli, Carrots & Sweetcorn 	British Red Tractor Garden Peas, or Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans
Sandwiches, Rice & Pasta	Pasta with Cheese or Tomato & Basil Sauce				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans
Dessert	Flapjack Vg	Shortbread	Hidden Fruit Chocolate Brownie	Banana Cake Vg	Chocolate Oaty Slice Vg

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child

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Spring / Summer Menu Week 3

28th April, 19th May, 9th June, 30th June, 21st July, 11th Aug, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov 2025

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WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Margherita Pizza & Potato Wedges 	Beef Lasagne & Garlic Bread 	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Red Tractor Mild Chicken Curry, Mixed Wholegrain & White Rice 	MSC Fish Fingers & Chips
Main Meal Option 2	Bean Burrito & Potato Wedges ^{VG} 	Vegetable Lasagne & Garlic Bread  	Mediterranean Vegetable & Chickpea Stew & Roast Potatoes ^{VG}  	Mild Sweet Potato & Chickpea Curry & Mixed Wholegrain & White Rice ^{VG}  	Crispy Vegetable Fingers & Chips ^{VG}
Vegetables	British Red Tractor Garden Peas, Baked Beans 	Broccoli, Cauliflower & Carrots 	Broccoli, Carrots & Sweetcorn 	British Red Tractor Garden Peas or Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans 
Sandwiches, Rice & Pasta	Pasta with Cheese or Tomato & Basil Sauce				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  
Dessert	Strawberry Mousse	Chocolate Cookie	Jam Sponge with Custard	Chocolate Oaty Slice	Vanilla Cupcake

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child
Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.